



PLEASE ARRIVE AT THE VENUE 10 MINUTES BEFORE THE START OF YOUR SESSION. YOU WILL BE MET BY A MEMBER OF STAFF WHO WILL REGISTER YOU.



ARRIVE 'SWIM READY' I.E. WITH YOUR SWIMMING COSTUME ON UNDER YOUR CLOTHES



WHERE POSSIBLE, PLEASE LIMIT THE NUMBER OF ADDITIONAL SPECTATORS



YOU WILL BE GUIDED THROUGH TO THE UNISEX, VILLAGE-STYLE CHANGING ROOMS 5 MINUTES BEFORE THE START OF YOUR SESSION. LATECOMERS WILL NOT BE PERMITTED.



ONCE CHANGED, SWIMMERS SHOULD HEAD TO THE POOL HALL WHERE THEY WILL BE DIRECTED TO THEIR CLASS



PARENTS/CARERS WILL MEET CHILDREN IN THE CHANGING AREA AT THE END OF THEIR SESSION



SHOWERS WILL NOT BE AVAILABLE



CHANGE QUICKLY, AND VACATE THE CHANGING AREAS WITHIN 10 MINUTES OF YOUR LESSON FINISHING



WE RECOMMEND THAT CHILDREN ARE QUICKLY TOWEL DRIED BEFORE BEING DRESSED IN A ONESIE OR OTHER COMFORTABLE CLOTHES AHEAD OF LEAVING THE BUILDING



CUSTOMERS SHOULD NOT ATTEND IF THEY OR ANY MEMBERS OF THEIR HOUSEHOLD HAVE SYMPTOMS CONSISTENT WITH COVID-19

# SWIMMING GUIDELINES